

WOMEN'S 2 DAY RETREAT

Restore & Rebalance



Staley Health

3rd, 4th & 5th May, 2019
at The Summerhouse, Torquay

www.staleyhealth.com

The Mums and Women's 2 day Restore and Rebalance Retreat at The Summerhouse Torquay is a great way to give yourself the opportunity to have some time out from being Mum or from a stressful life. You will learn techniques on how you can remove stress from your life and create more inner peace, joy and happiness.

This retreat includes the following:

- 2 nights twin share accommodation at The Summerhouse Torquay
- 2 day workshop
- All meals, including tea, coffee and snacks
- Free intuitive reading (1 hour valued at \$120)
- Manual, pen and note pad
- Staley Health Chakra Healing Chart and Crystals

Check in Friday from 12 midday and check out Sunday at 4pm.

Dates: Friday 3rd May 2019
Saturday 4th May 2019
Sunday 5th May 2019

Cost: This affordable retreat is \$965

Venue: The Summerhouse Torquay
5 Camrose Court, Jan Juc



To book or for more information
call Nikki Staley on **0400 497 024**
or book online at
www.staleyhealth.com